emerging forms of togetherness

photographs and text by Tamara Uhrich

Exploring the positive impacts of Covid Restrictions on the family home.

For this story I chose to focus on the activities that my daughter and I enjoyed and engaged in during the covid period. I started off with the adjustments we needed to make to not being permitted to leave our homes to socialize with family or friends. The initial changes were not easy, but we soon enjoyed and discovered so much extra time together and activities in our home. I continue my storying highlighting a few select things that were positives in our lives during this time. Ending with the concept of not being ready to face the social pressures of being social again, ow that the mandates are over.

I chose to tint my images with color pops to accentuate certain elements in my photos which led to me Learning how to make my photo a black and white and then use the paint brush tool in photoshop to brush back in selected color – much simpler than I had thought it would be to accomplish!

With Covid restrictions finally coming to an end – we are now faced once again with lifestyle changes. For two long years we were not able to see our friends and family in the capacity we once enjoyed, we were forced to find ways to occupy our spare time, to reach out to our loved ones who needed the most support, and to entertain our children in our own homes and yards. Now restrictions are lifted and we can "go back to normal". But what if our "new normal" is better in some ways? What if slowing down our lifestyles from what they once were to what they are now makes us feel more fulfilled?













